

Allergen Information sheet - Office Delivery

DISHES	 Celery	 Cereals W/Glute	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Breakfast														
Bacon baguette		*												
Sausage baguette		*											*	*
Vegan sausage baguette		*												
Breakfast platter - Pastry, granola pot (yogurt, granola, berries), 1/2 smoked salmon and cream cheese bagel		*		*	*		*							
Sandwiches														
Cheddar, tomato chutney and salad on sourdough baguette		*												
Prawns with marie rose sauce and little gem on onion ciabatta		*	*				*							
Pastrami, cheddar cheese, American mustard and pickles on wholegrain baguette		*					*		*					
Vegan cheese, tomato chutney and salad on sourdough baguette		*												
Roasted Mediterranean vegetables with whipped feta on granary baguette		*					*							
Bacon, lettuce and tomato with aioli on flatbread		*		*			*							*
Roast beef, mustard mayo, crispy onions and spinach on ciabatta		*		*					*					
Sundried tomato pesto, marinated aubergine, peppers and rocket on ciabatta		*												
Chicken Caesar, bacon and little gem lettuce on flatbread		*		*										*
Sundried tomato pesto, marinated aubergine, peppers and rocket on sourdough baguette		*												
Brie and crisp slaw with chilli jam on brown baguette		*		*			*							
Ham, cheddar cheese and apple chutney ploughman's on sourdough baguette		*					*							
Shredded carrot, beet and falafel with tomato chutney and spinach on sourdough baguette		*												
Roasted Mediterranean vegetables with vegan pesto on sourdough baguette		*												
Finger Foods														
Vegetable samosa with a salsa dip		*											*	
Roast gammon, mustard and chive tart		*		*					*					
In-house pork sausage roll topped with onion seeds		*												*
Vegan sausage roll														
Roast butternut squash and chutney quiche		*		*										
Honey and soy glazed mini chipolatas with poppy seeds		*												*
Southern fried breaded chicken fillet with BBO dip (Halal)		*												
Gluten free breaded southern fried chicken goujon														
Apricot, date and red pepper falafel with salsa dip														
Roast gammon, mustard and chive tart		*		*					*					
Salads														
Orzo pasta with spinach and zucchini with a tomato pesto dressing		*		*									*	
Couscous, grilled vegetables, halloumi and sun blushed tomatoes drizzled with balsamic glaze		*					*							
Puy lentils, roasted Mediterranean vegetables and goats' cheese with a French dressing							*		*					
Dips, chicks and sticks														
Crispy pitta wedges and vegetable crudites with whipped feta and hummus		*					*					*		
Tortilla chips and vegetable crudites with spicy tomato salsa and guacamole														
Cakes and traybakes														
Lemon bakewell slice		*		*										
Victoria sponge		*		*			*							
Chocolate traycake		*		*									*	
Flapjack		*					*							
Caramel heaven		*					*						*	
Ginger loaf cake		*		*			*							
Lemon drizzle loaf		*		*			*							
Shortbread		*												
Apple Shortcake		*		*			*						*	
Caramel shortcake		*					*						*	
Rocky road		*					*							
Mini doughnuts		*		*			*							
Brownie		*					*							
Cookies		*		*			*						*	
Grazing platter - Cured meats, cheeses, fresh and dried fruits, pickles, hummus, breads and crackers		*		*									*	*
Afternoon tea - Selection of traditional finger sandwiches on white and granary bread, Scones with cream and jam, Selection of cakes and sweet treats, In house sausage rolls and savoury items		*		*			*						*	*