Festive Allergen Information Sheet - Lunch Delivery

DISHES	Celery	Cereals W/Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Breakfast Items														
Bacon Baguette		*												
Sausage Baguette		*												
Vegan Sausage Baguette		*											*	
Pastries		*		*			*			*				
Granola Pots		*					*							
Muffins		*		*			*							
Sandwiches/Flatbreads etc														
Monday														
Chicken, smoked bacon, mayo and spinach on flatbread		*		*										
Tuna, sweetcorn and mayo on wholegrain baguette		*		*	*									
Sundried tomato pesto, marinated aubergine, grilled pepper and rocket on ciabatta		*								*				
Tuesday														
Prosciutto, mozzarella, rocket and olive oil on ciabatta		*					*							
Roasted Med Veg Hummus Wholegrain Baguette		*										*		
Turkey, smoked bacon, cranberry and spinach on sourdough baguette		*												
Wednesday														
Cheddar and Pickle on Sourdough		*					*							
Pastrami, Swiss cheese, mustard and gherkins on wholegrain baguette		*					*		*					
Turkey, stuffing and cranberry on flatbread		*												
Thursday														
Sage and onion stuffing with spiced chutney, beet and carrot salad on wholegrain baguette		*												
Roasted gammon with crunchy festive slaw and cranberry sauce on ciabatta		*												
Roast beef, watercress and onion chutney on white baguette		*												
Friday														
Caprese - tomato, mozzarella, baby spinach and pesto on ciabatta		*					*			*				
Prawn mayo and rocket on sourdough baguette		*	*	*										
Roasted gammon with crunchy festive slaw and cranberry sauce on ciabatta		*												

Finger Food														
Mini glazed pigs in blankets		*											*	*
Roast ham, mustard and cheese tarts		*		*			*							
Brie and cranberry wontons		*					*							
Homemade sausage rolls with cranberry		*		*			*							
Roasted butternut squash and spiced chutney tarts		*		*			*							
Apricot, date and red pepper falafels with tzatziki dip														
Salads														
Mixed Veg, Goats Cheese							*							
Thai Veg and Noodle														
Falafel, feta		*					*					*		
Panzanella		*					*							
Caesar Parmesan Cream Dressing		*		*	*		*							
Breaktime Platter														
Cakes		*		*			*							
Traybakes		*		*			*							
Cookies		*		*			*							
Grazing Platter														
Cured Meats														
Cheeses							*							
Dried Fruit														
Pickles														*
Humus														
Breads and Crackers		*					*							
Afternoon Tea														
Sandwiches		*		*			*		*					
Scones Cream Jam		*		*			*							
Cakes		*		*			*							
Sausage Rolls		*		*			*							
Savories		*		*			*							
Extras														
Box of wraps		*		*	*		*		*					