















Allergen Information Sheet - Lunch Delivery

DISHES														
	Celery	Cereals W/Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Breakfast Items														
Bacon Baguette		*												
Sausage Baguette		*												
Vegan Sausage Baguette		*											*	
Pastries		*		*			*			*				
Granola Pots		*					*							
Muffins		*		*			*							
Sandwiches/Flatbreads etc														
Monday														
Chicken Caesar on Flatbread		*		*	*		*							
Prawn Mayo on Ciabatta		*	*	*										
Roast Med Veg on Baguette		*										*		
Tuesday														
Caprese on Ciabatta		*					*			*				
Pastrami on Baguette		*					*		*					*
Chicken and Salad on Baguette		*					*							
Wednesday														
Cheddar and Pickle on Sourdough		*					*							*
Prosciutto and Mozzarella on Baguette		*					*							
Pulled Chicken on Flatbread		*					*			*				
Thursday														
Roasted Med Veg Hummus Wholegrain Baguette		*										*		
Ham and Cheddar on Baguette		*					*							
Roast Beef on Baguette		*					*		*					*
Friday														
Sundried Tom Pesto and veg on Ciabatta		*					*			*				
Tuna on Baguette		*		*	*									
Gammon and Cheese on Baguette		*					*		*					

Finger Food														
Pork Pie		*		*			*							
Cajun Chicken Goujons		*		*			*							
Veg Spring Rolls														
Sausage Rolls		*		*			*							
Ham and Cheese Tartlets		*		*			*							
Falafels with Tzatziki														
Salads														
Mixed Veg, Goats Cheese							*							
Thai Veg and Noodle														
Falafel, feta		*					*					*		
Panzanella		*					*							
Caesar Parmesan Cream Dressing		*		*	*		*							
Breaktime Platter														
Cakes		*		*			*							
Traybakes		*		*			*							
Cookies		*		*			*							
Grazing Platter														
Cured Meats														
Cheeses							*							
Dried Fruit														
Pickles													*	
Humus														
Breads and Crackers		*					*							
Afternoon Tea														
Sandwiches		*		*			*		*					
Scones Cream Jam		*		*			*							
Cakes		*		*			*							
Sausage Rolls		*		*			*							
Savories		*		*			*							
Extras														
Box of wraps		*		*	*		*		*					